

HEALTH REQUIREMENTS AND INFORMATION

- **Annual Health Update**

This *Annual Health Update* form must be completed yearly for all students prior to the start of school as part of the registration process.

- **Physical Examinations**

Physical examinations are required to be completed **within one year prior to entrance into Early Childhood, Kindergarten or First Grade, prior to entrance into 6th Grade or upon transfer into Illinois from out of state or out of the country.** This physical exam must be recorded on the *State of Illinois Certificate Of Child Health Examination* form and **returned prior to the start of school.** Click here for the form: http://www.d103.org/uploaded/health_forms/Registration_2015-2016/Child_Hlth_Exam_Cert_Rev_2013.pdf

No student can attend school until the physical examination and required immunizations are on file in the school's health office.

- **Immunizations**

Evidence of immunity against the following diseases must be submitted: Polio, Diphtheria, Pertussis, Tetanus, Measles, Mumps, Rubella, Hepatitis B (Grade 5), Haemophilus Influenza Type B, Varicella and Meningitis.

- **Dental**

Dental examinations are required of **all children entering Kindergarten, 2nd and 6th grades.** Proof of dental examination must be completed on the *Dental Examination Form* and returned to the school office. Click here for the Dental Examination Form:

http://www.d103.org/uploaded/health_forms/Registration_2015-2016/DentalExamProof10.pdf

- **Vision**

The State of Illinois requires vision examinations of all students upon first entry to an Illinois school. The examination must be completed on the *Eye Examination Report* and returned to the school office. Click here for the Eye Examination Report form:

http://www.d103.org/uploaded/health_forms/Registration_2015-2016/EyeExamReport.pdf

- **Sports Physicals**

A physical examination is required for participation in an interscholastic athletic event/sport. The physical can be completed on either the *State of Illinois Certificate of Child Health Examination form* or on the *IHSE/IESA Pre Participation form* and is valid for 395 days from the date of examination.

Click here for the State of Illinois Certificate of Child Health Examination form:

http://www.d103.org/uploaded/health_forms/Registration_2015-2016/Child_Hlth_Exam_Cert_Rev_2013.pdf

Click here for the IHSE/IESA form:

http://www.d103.org/uploaded/health_forms/Registration_2015-2016/Sports_Physical_IHSA_IESA-Physical15.pdf



Lincolnshire-Prairie View School District 103 is a nationally recognized elementary district located in Lake County, Illinois and serves approximately 1,700 students from Early Childhood through eighth grade. The Administrative Office is located at 1370 N. Riverwoods Road in Lincolnshire. For more information about the district, visit www.d103.org, call (847) 295-4030, or send an e-mail message to Ask103@d103.org.



- **Medication Administration at School**

School employees are not allowed to give prescription or over the counter medication to students without written authorization from the parent and the child's physician. Parents who wish to arrange for medication to be taken by their child at school should utilize the *Authorization for the Administration of Prescription and/or Over the Counter Medication* form. Click here for the form:

http://www.d103.org/uploaded/health_forms/Registration_2015-2016/ADMINISTRATION_OF_MEDICATION1516.pdf

Students are not allowed to possess any medication in school with one exception. Students may be allowed to self-administer (defined as a student's discretionary use of and ability to carry) their emergency medication, such as asthma rescue inhalers and Epinephrine Auto Injectors as follows:

Asthma Rescue Inhalers: For a student to self-administer, **the parent/guardian must provide** written parental authorization and a copy of the prescription label containing the name of the medication, the prescribed dosage and the time at which or circumstances under which the medication is to be administered. This label will be affixed to the *Authorization to Administer Prescription and/or Over the Counter Medication* form. Click here for this form:
http://www.d103.org/uploaded/health_forms/Registration_2015-2016/Authorization_to_ADMINISTER_MEDICINE1516.pdf

The *Parent/Child Agreement to Self-Carry* form must be filled out and returned. Click here for the Self-Carry form:
http://www.d103.org/uploaded/health_forms/Registration_2015-2016/ParentAgreement_for_Carry_meds1516.pdf

The student will sign an agreement indicating his/her understanding of the administration of the medicine, proper time, that medication will not be shared, where medication will be kept, and that he/she will come directly to the nurse's office if the medication is ineffective.

Epinephrine Auto Injectors: For a student to self-administer, **the parent/guardian must provide** written authorization by both the parent and the licensed prescriber on the *IL Food Allergy Action Plan* form. Click here for the Food Allergy Emergency Action Plan form:
http://www.d103.org/uploaded/health_forms/Epinephrine_in_Schools/D103EpinephrineNoticeSept2013.pdf

This must include the name and purpose of the auto injector, dosage prescribed, circumstances and time/times at which the auto injector will be administered.

Questions can be answered by the School Nurse where your child attends:

Laura B. Sprague School	Cassie Horvath, R.N.	(847) 945-6665	chorvath@d103.org
Half Day School	Karen Flor, R.N.	(847) 634-6463	kflor@d103.org
Daniel Wright Junior High	Karen Presutti, R.N.	(847) 295-1560	kpresutti@d103.org

