

LINCOLNSHIRE GLUTEN FRIENDLY (GF) /VEGETARIAN (VEG) MENU NOVEMBER 2020

**Questions, Concerns,
Feedback?
Contact Vicky Shargo at
vshargo@questfms.com**

**Please note that we
cannot guarantee cross-
contact as
we do not have an
allergen free kitchen.**

2	3	4	5	6
GF- Grilled Chicken on GF Roll without pretzels Veg-Hummus and Sun Chips	GF-GF Pizza	GF-Beef and Cheese Taco on Corn Tortilla Veg-Bean and Cheese Burrito	GF- Hot Dog on GF Hot Dog Bun Veg-Veggie Burger	GF- Chicken and Brown Rice Stir Fry Veg-Veggie Egg Rolls
9	10	11	12	13
GF- Hot Dog on GF Hot Dog Bun Veg-Hummus and Sun Chips	GF-GF Pizza	Veg-Bean and Cheese Burrito Bowl	GF- Hot Dog on GF Hot Dog Bun Veg-Veggie Burger	GF-Grilled Chicken Veg-Grilled Cheese on Wheat
16	17	18	19	20
GF- Hamburger on GF Roll Veg-Veggie Burger	GF-GF Cheese Pizza	GF- Chicken and Brown Rice Stir Fry Veg-Veggie Egg Rolls	GF- Hot Dog on GF Hot Dog Bun Veg-Veggie Burger	GF- GF Pasta with Marinara
23	24	25	26	27
GF-Beef and Cheese Taco on Corn Tortilla Veg-Bean and Cheese Burrito	GF-GF Cheese Pizza	NO SCHOOL	NO SCHOOL	NO SCHOOL
30				
GF- Grilled Chicken Veg-Veggie Burger				