

JANUARY 2022 - K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1/4/2022	1/5/2022	1/6/2022	1/7/2022
		Menu Item	Menu Item	Menu Item
	French Bread Pizza Baby carrots Applesauce 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Hamburger Broccoli Pickle Spears Pineapple tidbits 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian Cheesy Pull Apart Gluten Free Humberger on GF Bun	Mini Chicken Corn dogs Corn Ketchup Banana 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian Black bean Fajita Bowl Gluten Free Black bean Fajita Bowl	Grilled Cheese Sandwich Celery Sticks Ranch Dressing Grapes 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian Grilled Cheese sandwich Gluten Free Grilled Cheese on GF Bread
	Gluten Free GF Pizza			
Monday	Tuesday	Wednesday	Thursday	Friday
1/10/2022	1/11/2022	1/12/2022	1/13/2022	1/14/2022
Menu Item	Menu Item	Menu Item	Menu Item	Menu Item
Beef & Cheese Taco Salsa Pineapple Tidbits 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	French Bread Pizza Celery Sticks Ranch Dressing Apple Slices 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Cheesy Rotini Marinara Green Beans Banana 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	All beef Hot Dog Baby carrots Ranch Dressing Applesauce 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Breaded Chicken strips Dinner Roll Corn Apple Slices 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian
Black Bean Taco Gluten Free Black Bean Taco	Gluten Free GF Pizza	Cheesy Rotini Marinara Gluten Free GF Pasta Marinara	Cheesy Pull Apart Gluten Free Hot Dog on GF Bun	Bosco Stick with Marinara Gluten Free Chicken Burger on GF Bun
Monday	Tuesday	Wednesday	Thursday	Friday
1/17/2022	1/18/2022	1/19/2022	1/20/2022	1/21/2022
Menu Item	Menu Item	Menu Item	Menu Item	Menu Item
NO SCHOOL	French Bread Pizza Carrots Ranch Dressing Pineapple Tidbits 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Chicken Nuggets Corn Dinner Roll Banana 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Bosco Sticks Marinara sauce Celery Sticks/w ranch Craisins 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian	Beef Chili Cornbread Red grapes 1% Unflavored Milk Fat Free Chocolate Milk Vegetarian
	Gluten Free GF Pizza	Grilled Cheese sandwich Gluten Free Grilled Chicken on GF Bread	Gluten Free GF Frilled Cheese	Vegetarian Baked Beans w/rice Gluten Free Baked Beans w/rice
Monday	Tuesday	Wednesday	Thursday	Friday
1/24/2022	1/25/2022	1/26/2022	1/27/2022	1/28/2022
Menu Item	Menu Item	Menu Item	Menu Item	Menu Item
Spicy Chicken sandwich				

Baby Carrots Craisins 1% Unflavored Milk Fat Free Chocolate Milk	French Bread Pizza Carrots Ranch Dressing Banana 1% Unflavored Milk Fat Free Chocolate Milk	Macaroni & Cheese Garlick Breadstick Peas Peaches 1% Unflavored Milk Fat Free Chocolate Milk	Orange Chicken Bowl Broccoli Applesauce 1% Unflavored Milk Fat Free Chocolate Milk	Cheesy Meatball Sub Garbanzo Beans Red grapes 1% Unflavored Milk Fat Free Chocolate Milk
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Cheesy Puyll Apart			Orange Tofu Bowl	Chesy Rotini Marinara
Gluten Free	Gluten Free	Gluten Free	Gluten Free	Gluten Free
Chicken Sandwich on GF Bun	GF Pizza	GF Pasta with Marinara	Chicken Bowl	Cheesy Meatball on GF Bun
Monday	Tuesday	Wednesday	Thursday	Friday
1/31/2022				
BBQ Chicken Sandwich Baked Beans Applesauce 1% Unflavored Milk Fat Free Chocolate Milk				
Vegetarian				
Grilled Cheese				
Gluten Free				
Grilled Chicken on GF Bread				