

Now Serving Lunch

Sprague

January
2022

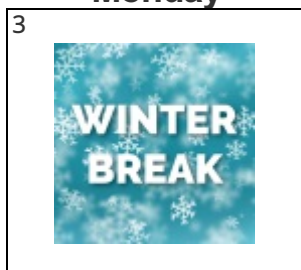
Monday

Tuesday

Wednesday

Thursday

Friday



10 Beef Tacos 🌮
Black Bean Taco Bowl 🍲
Black Beans
Salsa Cup
Pineapple Tidbits
Fat Free
Chocolate Milk 🥛



24 Spicy Chicken Sandwich 🍔
Cheesy Pull-Apart 🍞
Marinara Sauce
Baby Carrots
Strawberry Craisins

31 BBQ Chicken Sandwich 🍔
Grilled Cheese Sandwich 🍷
Vegetarian Baked Beans
Applesauce
Fat Free

4 Cheese Pizza 🍕
Carrots 🥕
Applesauce
Fat Free
Chocolate Milk 🥛
Lowfat Milk 🥛
Ranch Dressing 🥗

11 French Bread Cheese Pizza 🍕
Celery Sticks
Ranch Dressing 🥗
Apple Slices
Fat Free

18 Stuffed Crust Cheese Pizza Slice 🍕
Baby Carrots
Ranch Dressing 🥗
Pineapple Tidbits
Fat Free

25 French Bread Cheese Pizza 🍕
Celery Sticks
Ranch Dressing 🥗
Banana
Fat Free

5 Hamburger 🍔
Cheesy Pull-Apart 🍞
Broccoli
Pickle Spears
Pineapple Tidbits
Low Sodium Ketchup

12 Cheesy Rotini Marinara 🍝
Spinach
Banana
Lowfat Milk 🥛
Fat Free
Chocolate Milk 🥛

19 Chicken Nuggets 🍗
Wheat Roll 🍞
Grilled Cheese Sandwich 🍷
Corn
Banana
Fat Free

26 Macaroni & Cheese 🍝
Garlic Breadstick 🍞
Peas
Peaches
Fat Free
Chocolate Milk 🥛

6 Chicken Corn Dog 🌭
Ketchup
Steamed Corn
Black Bean Fajita Bowl
Banana
Fat Free

13 All Beef Hot Dog 🌭
Ketchup
Cheesy Pull-Apart 🍞
Baby Carrots
Applesauce
Fat Free

20 Bosco Sticks 🍷
Marinara Sauce
Celery Sticks
Ranch Dressing 🥗
Strawberry Craisins
Fat Free

27 Orange Chicken Bowl 🍲
Orange Tofu Bowl 🍲
Steamed Broccoli
Cinnamon
Applesauce
Skim Milk 🥛

7 Grilled Cheese Sandwich 🍷
Red Grapes
Celery Sticks
Fat Free
Chocolate Milk 🥛
Lowfat Milk 🥛

14 Breaded Chicken Strips 🍗
Wheat Roll 🍞
Bosco Sticks with Marinara 🍷
Steamed Corn
Apple Slices
Lowfat Milk 🥛

21 Beef Chili 🍲
Cornbread 🍞
Vegetarian Baked Beans
Steamed Brown Rice
Red Grapes

28 Cheesy Meatball Sub 🍷
Cheesy Rotini Marinara 🍝
Garbanzo Beans
Red Grapes
Fat Free
Chocolate Milk 🥛



Menus subject to change.

