

Poms Team

Season Details

- **TRYOUTS ARE FRIDAY October 21st**
- All grade levels are welcome
- Practices will be held Mon - Thurs from 3:45 - 4:50 (See game schedule for changes)

CONFLICTS? Please reach out to Coach Gurson
rgurson@d103.org

Registration

Step 1: Have an up-to-date school physical

Step 2: Sign up through Rev Track

Step 3: Check Powerschool for correct forms to fill out!

Coach- Becky Gurson

Email- rgurson@d103.org



Dancers Will...

- Build on strength and flexibility through daily warm-ups
- Create dances to perform at games
- Build confidence
- Work on skills for future performances