

# LINCOLNSHIRE LUNCH MENU

## DECEMBER 2018



**Student Meal**  
Includes Entrée,  
Unlimited Fruit and  
Vegetable Bar with  
Water, Juice or Milk  
\$4.50

If your child has special dietary needs (i.e. allergies, Celiac), please contact Mary Janiak at [quest@d103.org](mailto:quest@d103.org) and we will do our best to accommodate.

Questions, Concerns or Feedback?

Contact Mary Janiak at [quest@d103.org](mailto:quest@d103.org) or Jason Rosegay, General Manager at [jrosegay@questfms.com](mailto:jrosegay@questfms.com).

Nutritional Information  
[www.questfmsnutrition.com](http://www.questfmsnutrition.com)

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com)  
To add money to your child's account.

3 Beef Tacos Spanish Rice  Cheese Quesadilla Spanish Rice  Cheese, Lettuce, Tomato, Salsa	4  SAUCED PIZZA DAY! Cheese or Pepperoni	5 Homestyle Chicken Tenders Roasted Red Potatoes Peas  Black Bean Burger Roasted Red Potatoes Peas	6 Breakfast for Lunch  Baked French Toast Sticks Turkey Sausage Banana  Cheesy Scrambled Eggs Hash Browns Banana	7 All Beef Hot Dog On Whole Wheat Bun Zucchini and Squash Pretzels  Hummus Pita Sandwich Organic Zucchini and Yellow Squash
10 BBQ Pork Ribette On a Hoagie Roll Redskin Mashed Potatoes Steamed Carrots  Baked Macaroni and Cheese Steamed Carrots	11  SAUCED PIZZA DAY! Cheese or Pepperoni	12 Beef Lasagna Italian Roasted Vegetables Breadstick  Pasta Alfredo Italian Roasted Vegetables Breadstick	13 General Jane's Chicken Sticky White Rice Vegetable Egg Roll  Vegetarian Stir Fry Sticky White Rice Vegetable Egg Roll	14 Italian Beef Sandwich Parmesan Roasted Potatoes Steamed Green Beans  Grilled Cheese Tomato soup
17 Shredded Chicken Or Vegetarian Taco Salad Cilantro Rice Black Beans  Salsa, Lettuce, Tomato, Cheese	18  SAUCED PIZZA DAY! Cheese or Pepperoni	19 Mini Chicken Sliders Waffle Fries Green Beans  Portobello Cheese Pasta Green Beans Garlic Breadstick	20 100% Beef Cheeseburger On Whole Wheat Bun Mixed Vegetables Baked Chips  Cheese Ravioli w/Marinara Mixed Vegetables	21 Sweet And Sour Chicken Asian Vegetable Blend White Rice  Vegetable Lo Mein Lo Mein Noodles Vegetable Egg Roll
24  NO SCHOOL WINTER BREAK	25  NO SCHOOL WINTER BREAK	26  NOSCHOOL WINTER BREAK	27  NO SCHOOL WINTER BREAK	28  NO SCHOOL WINTER BREAK