

**DANIEL WRIGHT AND HALF DAY  
MENU  
February 2019**

**LUNCH**



**Student Meal  
Includes Entrée,  
Unlimited Fruit and  
Vegetable Bar with  
Water, Juice or Milk  
\$4.50**

**Now Offering Soup Every  
Friday at Half Day and  
Daniel Wright!  
Ala Carte Price \$2.00**

**Look For our New Grab  
and Go Items!**

**Questions, Concerns or  
Feedback?  
Contact Mary Janiak at  
[quest@d103.org](mailto:quest@d103.org) or  
Jason Rosegay,  
General Manager at  
[jrosegay@questfms.com](mailto:jrosegay@questfms.com).**

**Nutritional Information  
[www.questfmsnutrition.com](http://www.questfmsnutrition.com)**

**Please visit  
[www.myschoolbucks.com](http://www.myschoolbucks.com)  
To add money to your  
child's account.**

<p>4</p> <p>Chicken Soft Tacos Spanish Rice</p> <p>Cheese Quesadilla Spanish Rice</p> <p>Cheese, Salsa</p>	<p>5</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>6</p> <p>Mini Chicken Sliders Roasted Red Potatoes Green Beans</p> <p>Black Bean Burger Roasted Red Potatoes Green Beans</p>	<p>7</p> <p>Breakfast for Lunch Pancakes Turkey Sausage Banana</p> <p>Cheesy Scrambled Eggs Veggie Sausage Banana</p>	<p>8</p> <p>Sloppy Joe Sandwich Mixed Vegetables Pretzels</p> <p>Macaroni and Cheese Mixed Vegetables</p> <p>Chicken Noodle Soup \$2.00</p>
<p>11</p> <p>BBQ Pork Ribette On a Hoagie Roll Redskin Mashed Potatoes Steamed Carrots</p> <p>Grilled Cheese Tomato Soup</p>	<p>12</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>13</p> <p>All Beef Hot Dog Tater Tots Peas</p> <p>Pasta Alfredo Peas Breadstick</p>	<p>14</p> <p>Chicken Parmesan Sandwich Green Beans</p> <p>Potato and Cheese Pierogi Green Beans</p>	<p>15</p> <p>Popcorn Chicken Bowl Mashed Potatoes Corn</p> <p>Penne W/ Marinara Corn</p> <p>Vegetable Soup \$2.00</p>
<p>18</p> <p><b>NO SCHOOL PRESIDENTS DAY</b></p>	<p>19</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>20</p> <p>Homestyle Chicken Tenders Pretzels MexiCali Corn</p> <p>Cheese Enchiladas MexiCali Corn</p>	<p>21</p> <p>Italian Beef Sandwich Mixed Vegetables Pretzels</p> <p>Cheese Ravioli w/Marinara Mixed Vegetables</p>	<p>22</p> <p>General Janes Chicken White Rice Veggie Egg Roll</p> <p>Veggie Fried Rice Veggie Egg Roll</p> <p>Tomato Soup \$2.00</p>
<p>25</p> <p>Spaghetti With Meatballs Steamed Carrots</p> <p>Spaghetti W/ Marinara Carrots</p>	<p>26</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>27</p> <p>EARLY DISMISSAL NO QUEST LUNCH</p>	<p>28</p> <p>NO SCHOOL PARENT TEACHER CONFERENCES</p>	<p>1</p> <p>NO SCHOOL TEACHER INSTITUTE</p>

# Learn More About Our Menu

## Menu Items

\*The purchase of a hot meal includes: meal, fruit & veggie bar and either milk, water or 100% juice.\*

### **Chicken Soft Tacos with Spanish Rice**

Seasoned shredded chicken in a soft flour tortilla with Spanish seasoned rice (Gluten, Soy)

### **Cheese Quesadilla with Spanish Rice**

Mexican blend of cheese in a tortilla served with Spanish rice . (Gluten, Soy)

### **Mini Chicken Sliders With Roasted Red Potatoes and Green Beans**

Mini breaded chicken breast on a bun served with roasted potatoes and green beans (Gluten, Dairy)

### **Vegetarian Black Bean Burger on a Whole Wheat Bun With Roasted Red Potatoes and Green Beans**

Black bean burger on a whole wheat bun served with roasted potatoes and (Gluten, Dairy, Soy)

### **Pancakes With Turkey Sausage and a Banana**

Pancakes served with turkey sausage links and a banana (Gluten, Soy, Egg)

### **Cheesy Scrambled Eggs With Vegetarian Sausage and a Banana**

Fluffy Cheesy Scrambled Eggs with a vegetarian sausage patty and a banana (Dairy, Soy)

### **Sloppy Joe Sandwich and Pretzels**

Seasoned ground beef with tomato sauce and green peppers served on a whole wheat bun with pretzels.  
(Gluten)

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### **Macaroni and Cheese With Mixed Vegetables**

Elbow macaroni noodles with scratch made cheese sauce with mixed vegetables (Gluten, Dairy, Soy, Egg)

### **BBQ Pork Ribette Sandwich With Parmesan Potatoes and Carrots**

Pork Ribette Patty with BBQ sauce served on a French roll with parmesan potatoes and carrots. with a vegetable (Gluten, Dairy)

### **Grilled Cheese and Tomato Soup**

Grilled American cheese sandwich on wheat bread with creamy tomato soup. (Gluten, Dairy)

### **All Beef Hot Dog on Whole Wheat Bun With Tater Tots and Peas**

All Beef hot dog on a whole wheat bun with tater tots and peas. (Gluten)

### **Pasta Alfredo with Peas and a Breadstick**

Pasta noodles with a homemade Alfredo Sauce served with peas and a breadstick (Gluten, Dairy)

### **Chicken Parmesan Sandwich With Green Beans**

Breaded chicken patty on a bun with marinara sauce and mozzarella cheese with green beans. (Gluten, Dairy, Soy)

### **Potato and Cheese Pierogi with Green Beans**

Pillows of dough filled with a potato cheese mixture served with green beans. (Gluten, Egg, Dairy, Soy)

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### **Popcorn Chicken Bowl**

Breaded popcorn chicken breast over homemade mashed potatoes , corn, and chicken gravy.  
(Gluten, Dairy)

### **Penne With Marinara and Corn**

Penne noodles with marinara sauce served with corn. (Vegetarian) (Gluten,)

### **Chicken Tenders with Waffle Fries and Mexi Cali corn**

Breaded all white meat chicken tenders with waffle fries and Mexicali corn.(Egg, Gluten,)

### **Cheese Enchiladas With Mexicali corn**

Three cheeses rolled in a flour tortilla covered in enchilada sauce and cheese with Mexicali corn  
( Gluten, Dairy)

### **Italian Beef Sandwich With Oven Roasted Potatoes and Mixed Vegetables**

Roasted whole beef roast, shaved and seasoned then served on a French roll with roasted potatoes and mixed vegetables. (Dairy, Gluten)

### **Cheese Ravioli With Marinara and Mixed Vegetables**

Square pillows of pasta filled with ricotta, mozzarella, and parmesan cheese, herbs and spices topped with marinara sauce served with mixed vegetables(Gluten, Dairy, Egg)

### **General Janes Chicken With White Rice and Vegetable Egg Roll**

Breaded chicken breast pieces tossed in General Tso's sauce with white rice and a vegetable egg roll. (Gluten, Soy)

### **Vegetarian Fried Rice with a Vegetable Egg Roll**

White rice cooked with soy sauce, egg and vegetables and a vegetable egg roll.(Gluten, Egg, Soy)

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### **Spaghetti With Meatballs and Marinara Sauce Carrots and a Breadstick**

Spaghetti noodles with meatballs and marinara sauce served with carrots and a breadstick. (Gluten, Soy)

### **Spaghetti With Marinara with Carrots and a Breadstick**

Spaghetti noodles with Marinara sauce. Served with a breadstick and carrots. (Gluten, Dairy)

### **Sliced Pizza**

#### **Cheese or pepperoni pizza**

Ingredients on website (Gluten, Dairy)

Gluten Free Pizza Available