

# DANIEL WRIGHT LUNCH MENU

March 2019



**Student Meal**  
Includes Entrée,  
Unlimited Fruit and  
Vegetable Bar with  
Water, Juice or Milk  
\$4.50

Now Offering Soup Every  
Friday at Half Day and  
Daniel Wright!  
Ala Carte Price \$2.00

Look For our New Grab  
and Go Items!

Questions, Concerns or  
Feedback?  
Contact Mary Janiak at  
[quest@d103.org](mailto:quest@d103.org) or  
Jason Rosegay,  
General Manager at  
[jrosegay@questfms.com](mailto:jrosegay@questfms.com).

Nutritional Information  
[www.questfmsnutrition.com](http://www.questfmsnutrition.com)

Please visit  
[www.myschoolbucks.com](http://www.myschoolbucks.com)  
To add money to your  
child's account.

<p>4</p> <p><b>NO SCHOOL</b> <b>CASIMIR PULASKI</b> <b>DAY</b></p>	<p>5</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>6</p> <p><b>Roasted Turkey Breast</b> <b>Mashed Potatoes</b> <b>Green Beans</b></p> <p><b>Black Bean Burger</b> <b>Mashed Potatoes</b> <b>Green Beans</b></p>	<p>7</p> <p><b>Breakfast for Lunch</b> <b>French Toast Sticks</b> <b>Turkey Sausage</b> <b>Banana</b></p> <p><b>Cheesy Scrambled Eggs</b> <b>Veggie Sausage</b> <b>Banana</b></p>	<p>8</p> <p><b>Meatball Sandwich</b> <b>Mixed Veggies</b></p> <p><b>Bosco Sticks</b> <b>Mixed Veggies</b></p> <p><b>Chicken Noodle Soup</b> <b>\$2.00</b></p>
<p>11</p> <p><b>Pulled Pork Sandwich</b> <b>Wedge Potatoes</b> <b>Steamed Carrots</b></p> <p><b>Macaroni and Cheese</b> <b>Steamed Carrots</b></p>	<p>12</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>13</p> <p><b>All Beef Hot Dog</b> <b>Pretzels</b> <b>Peas</b></p> <p><b>Pasta Alfredo</b> <b>Peas</b> <b>Breadstick</b></p>	<p>14</p> <p><b>Celebrate Pi Day With a</b> <b>Slice of Pie!</b></p> <p><b>100% Beef Cheeseburger</b> <b>Tater Tots</b> <b>Green Beans</b></p> <p><b>Gnocchi with</b> <b>Nut free Pesto</b> <b>Green Beans</b></p>	<p>15</p> <p><b>Popcorn Chicken Bowl</b> <b>Mashed Potatoes</b> <b>Corn</b></p> <p><b>Penne W/ Marinara</b> <b>Corn</b></p> <p><b>Broccoli Soup \$2.00</b></p>
<p>18</p> <p><b>SUSHI DAY! \$8.00</b> <b>California Rolls</b> <b>Vegetarian Rolls</b></p> <p><b>Corned Beef Sandwich</b> <b>Honey Glazed Carrots</b></p>	<p>19</p> <p>SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>20</p> <p><b>Mini Chicken Sliders</b> <b>Parmesan Potatoes</b> <b>Mixed Veggies</b></p> <p><b>Cheese Quesadilla</b> <b>Mixed Veggies</b></p>	<p>21</p> <p><b>Orange Chicken</b> <b>White Rice</b> <b>Vegetable Egg Roll</b></p> <p><b>Vegetable Fried Rice</b> <b>Vegetable Egg Roll</b></p>	<p>22</p> <p><b>Battered Fish Fillet</b> <b>Roasted Potatoes</b> <b>Carrots</b></p> <p><b>Grilled Cheese</b> <b>Tomato Soup</b></p> <p><b>Tomato Soup \$2.00</b></p>
<p>25</p> <p><b>NO</b></p>	<p>26</p> <p><b>SCHOOL</b></p>	<p>27</p> <p><b>SPRING</b></p>	<p>28</p> <p><b>BREAK</b></p>	<p>1</p> <p><b>WEEK</b></p>

## Learn More About Our Menu

### Menu Items

\*The purchase of a hot meal includes: meal, fruit & veggie bar and either milk, water or 100% juice.\*

#### **Oven Roasted Turkey Breast with Mashed Potatoes and Green Beans**

Sliced oven roasted turkey breast served with mashed potatoes and green beans. (Gluten, Soy)

#### **Vegetarian Black Bean Burger on a Whole Wheat Bun With Mashed Potatoes and Green Beans**

Black bean burger on a whole wheat bun served with roasted potatoes and (Gluten, Dairy, Soy)

#### **French Toast Sticks With Turkey Sausage and a Banana**

French Toast Sticks served with turkey sausage links and a banana (Gluten, Soy, Egg)

#### **Cheesy Scrambled Eggs With Vegetarian Sausage and a Banana**

Fluffy Cheesy Scrambled Eggs with a vegetarian sausage patty and a banana (Dairy, Soy)

#### **Meatball Sandwich on a French Roll with Mixed Vegetables**

Meatball sandwich with marinara sauce on a french roll served with mixed veggies. (Gluten)

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### **Bosco Sticks With Marinara Sauce and Mixed Vegetables**

Mozzarella Cheese Stuffed Breadsticks, served with Marinara sauce and mixed veggies. (Soy, Egg, Gluten, Dairy)

### **BBQ Pulled Pork Sandwich With Wedge Potatoes and Carrots**

BBQ pulled pork sauce served on a French roll with wedge potatoes and carrots. (Gluten)

### **Macaroni and Cheese with Steamed Carrots**

Homemade cheese sauce mixed with elbow macaroni noodles and served with carrots.  
(Gluten, Dairy)

### **All Beef Hot Dog on Whole Wheat Bun With Pretzels and Peas**

All Beef hot dog on a whole wheat bun with pretzels and peas. (Gluten)

### **Pasta Alfredo with Peas and a Breadstick**

Pasta noodles with a homemade Alfredo Sauce served with peas and a breadstick (Gluten, Dairy)

### **100% Beef Cheeseburger on a Whole Wheat Bun with Tater tots and Green Beans**

100% All Beef hamburger patty served with a slice of American cheese on a whole wheat bun with tater tots and green beans. (Gluten, Dairy)

### **Gnocchi with Nut Free Pesto and Green Beans**

Gnocchi is a type of pasta served with a nut free basil pesto sauce served with green beans.  
(Gluten, Egg, Soy)

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### **Popcorn Chicken Bowl**

Breaded popcorn chicken breast over homemade mashed potatoes , corn, and chicken gravy.  
(Gluten, Dairy)

### **Penne With Marinara and Corn**

Penne noodles with marinara sauce served with corn. (Vegetarian) (Gluten,)

### **Sushi**

Vegetarian Rolls- Rice, avocado, cucumber, carrots, seaweed, sesame seeds.(Sesame)  
California Rolls- rice, Seafood, avocado, cucumber, sesame, seaweed. (Fish, Egg, Wheat, Soy, Sesame)

### **Corned Beef Sandwich on Rye bread with Swiss Cheese served with Honey Glazed Carrots**

Sliced Corned Beef served on rye bread with a slice of Swiss cheese and served with honey glazed carrots. (Gluten, Dairy)

### **Mini Chicken Sliders With Parmesan Potatoes and Mixed Vegetables**

Lightly breaded all white meat chicken breast served on a slider bun, served with Parmesan potatoes and mixed vegetables. (Dairy, Gluten)

### **Cheese Quesadilla and Mixed Vegetables**

A blend of 3 cheeses grilled in a quesadilla served with mixed vegetables(Gluten, Dairy)

### **Orange Chicken With White Rice and Vegetable Egg Roll**

Breaded chicken breast pieces tossed in orange sauce with white rice and a vegetable egg roll.  
(Gluten, Soy)

### **Vegetarian Fried Rice with a Vegetable Egg Roll**

White rice cooked with soy sauce, egg and vegetables and a vegetable egg roll.(Gluten, Egg, Soy)

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### **Fish Fillet Served With Roasted Potatoes and carrots**

Lightly battered fish fillet served with tartar sauce, roasted potatoes and carrots(Gluten, Soy)

### **Grilled Cheese and Tomato Soup**

American cheese on grilled whole wheat bread served with tomato soup.(Gluten, Dairy)

### **Sliced Pizza**

#### **Cheese or pepperoni pizza**

Ingredients on website (Gluten, Dairy)

Gluten Free Pizza Available