

# SPRAGUE LUNCH MENU

May 2019



**Student Meal  
Includes Entrée,  
Unlimited Fruit and  
Vegetable Bar with  
Water, Juice or Milk  
\$4.50**

**Questions, Concerns or  
Feedback?  
Contact Mary Janiak at  
[quest@d103.org](mailto:quest@d103.org) or  
Jason Rosegay,  
General Manager at  
[jrosegay@questfms.com](mailto:jrosegay@questfms.com).**

**Nutritional Information  
[www.questfmsnutrition.com](http://www.questfmsnutrition.com)**

**Please visit  
[www.myschoolbucks.com](http://www.myschoolbucks.com)  
To add money to your  
child's account.**

<p>29 Spaghetti with Meatballs Green Beans</p> <p>Spaghetti with Marinara Green Beans</p>	<p>30 SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>1 Sloppy Joe Sandwich Buttered Noodles Corn</p> <p>Black Bean Burger Buttered Noodles Corn</p>	<p>2 Pancakes Turkey Sausage Oranges</p> <p>Pancakes Vegetarian Sausage Oranges</p>	<p>3 Meatball Sandwich Mixed Veggies</p> <p>Potato and Cheese Pierogi Mixed Veggies</p>
<p>6 Ribette Sandwich Wedge Potatoes Steamed Carrots</p> <p>Macaroni and Cheese Steamed Carrots</p>	<p>7 SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>8 All Beef Hot Dog Pretzels Mixed Veggies</p> <p>Pasta Alfredo Mixed Veggies Breadstick</p>	<p>9 100% Beef Cheeseburger Tater Tots Green Beans</p> <p>Gnocchi With Nut Free Pesto Green Beans</p>	<p>10 Popcorn Chicken Bowl Mashed Potatoes Corn</p> <p>Penne Marinara Corn</p>
<p>13 Cheese Ravioli With Meat Sauce California Blend Vegetables</p> <p>Ravioli With Marinara California Blend Vegetables</p>	<p>14 SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>15 Mini Chicken Sliders Parmesan Potatoes Mixed Veggies</p> <p>Cheese Enchiladas Mixed Veggies</p>	<p>16 Orange Chicken White Rice Vegetable Egg Roll</p> <p>Vegetable Fried Rice Vegetable Egg Roll</p>	<p>17 Pulled Pork Sandwich Roasted Potatoes Carrots</p> <p>Grilled Cheese Tomato Soup</p>
<p>20 Mini Chicken Corn Dogs Mashed Potatoes Green Beans</p> <p>Macaroni &amp; Cheese Green Beans</p>	<p>21 SAUCED PIZZA DAY! Cheese or Pepperoni</p>	<p>22 EARLY DISMISSAL NO QUEST LUNCH SERVED</p>	<p>23 Chicken Tenders Wedge Potatoes Corn</p> <p>Pasta Marinara Corn</p>	<p>24 Shredded Chicken Tacos Spanish Rice</p> <p>Cheese Quesadilla Spanish Rice</p>